Medjugorje Pilgrimage

October 2024

5 Stones

- 1. Prayer from the heart: Rosary
- 2. Eucharist
- 3. Holy Bible
- 4. Fasting
- 5. Monthly Confession

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Food



Pre-trip Checklist

- Passport (must be valid 6 months after trip until Apr 30, 2025)
- Enroll in STEP (<u>step.state.gov/step</u>) Optional
- Verify flight details
- Spiritual Preparation (do what you are called to do)
- [] ______ (Eg. Daily Mass, Rosary, Fast, Confession, Bible, Divine Mercy Novena)
- Notify credit card companies + bank (debit card)
 - Tell them each country you will visit (depending on your flights: Turkey, Croatia, **Bosnia & Herzegovina**)
 - Ask: Will I be charged foreign transaction fees?
 - Ask: What exchange rate will I get?
- Take pictures of documents; *Save online or with family*
 - Passport
 - Driver's license
 - Credit cards
 - Health cards
- Pack (see separate packing list)
- Install phone apps
 - Messaging App(s) WhatsApp, twitter, facebook messenger, Google Voice, etc.
 - **iBreviary** (for daily Mass readings, and other prayers)
 - Google Translate (install languages: Croatian, maybe Spanish, Italian, German)
 - Google Maps w/ *Offline Maps* for Medjugorje, Bosnia and Herzegovina
 - Airline App; Login to make sure you have access
 - Credit Card & Bank Apps; Login to check also
- Arrangements while you are gone (mail, pets, plants, etc.)
- Prepare house if nobody will be home (heat / locks / lights / etc)
- Get lots of sleep several nights before the trip!
- Remove stuff from wallet/purse that you won't need on the trip
- Check-in the 24hrs early (airline website or airline phone app)

Packing List

Packing less means: less to carry, less to worry about. <u>You won't need much</u>. Check the weather for Medjugorje (sometimes Međugorje) or Čitluk (**Forecast high: 72°F, low: 47°F**). Bring a jacket! Below is a recommended list, and a link to a bigger list (that you should not need \cong).

Check your airline carry-on / checked bag size limits. Most allow 1 Carry-on (overhead), 1 Personal Item (under seat), and sometimes free checked bags. An example of size limits (Turkish Airlines):

- Carry-on Size: 55cm x 40cm x 23cm (about 21.5" x 15.7" x 9") 17.5 lbs
- Personal Item Size: 40cm x 30cm x 15cm (about 15.7" x 11.8" x 6")

• Checked Bag: 158cm (L + W + H) (about 62") - 50 lbs

Do not use luggage w/ batteries.

- Travel paperwork (this doc, tickets, **passport**, itinerary, insurance/medical documents, etc.)
- D About 5-7 Shirts
- Warm jacket, it can get cold at night
- 🔲 Socks & underwear
- 5+ pairs of pants / dresses
- Hat (can buy there, good for shade), belt
- Shoes comfortable for hiking on rocks
- Toiletries (travel-size liquids in quart-sized ziplock!)
 - 🚺 Toothpaste & toothbrush
 - **Shaver**
 - Deodorant
- **Q**_____
- **O**_____
- Reading Glasses, Sun Glasses
- Cell phone + charging cable (wifi is widely available)
- **O** Power Adapter (optional) **Type F** recommended, perhaps w/ USB plug for your phone
- Tech stuff, cords, chargers (headphones for plane, iPad, camera, memory cards, etc.)

O Portable FM radio w/ earphones or headphones (94.3 FM for English)

- **[** Vitamins (C, D₃, Zinc Sulfate, etc.), Medications (bring prescriptions)
- ☐ Money (for gifts, extra food, taxis, etc) ATMs will be available, you don't need to bring much.
- Credit Cards + ATM card (know & test your PIN)
- Other ideas: <u>https://goo.gl/zXkCHM</u>

Travel Tips

Below are some travel tips. It assumes you've done the pre-trip checklist and have packed already.

Before your trip

- *Know your itinerary*. Helps you be at the right place at the right time.
- Get *lots of sleep* for a few nights leading up to the trip.
- <u>Be Early</u>. Especially for planes, they won't wait for you.
 Check-in closes about 1 hr before departure arrive at airport 3 hours early.
- Check-in as soon as possible (24 hr before flight) for best seats.
- If you check a bag, assume it will be lost... pack everything you **NEED** in your carry-on.
- Pack for TSA inspection:
 - Put liquids in 1 quart-sized ziplock (max 3.4 oz including sunscreen, 1 ziplock / person). Pack w/ easy access.
 - Avoid prohibited items (aerosols, batteries greater than 100WH, Galaxy Note 7, Walking Sticks, see TSA list)
 - Do NOT check batteries (or battery-powered items), they must go in your carry-on.

Airport & plane flight

- Prep for security. Before the TSA checkpoint:
 - Put everything you are holding in your carry-on (belt, wallet, money, phone, hat, watch, jacket).
 Hold your ID and ticket.
 - Unless told otherwise, place laptops, iPads separately through X-ray machine (in their own bin).
 - Read the signs and ask questions if you're not sure.
 - Don't joke about having something you shouldn't, etc. They don't have a sense of humor.
- If you are late, show ticket and ask to goto the front of the line.
- Buy food / drinks AFTER security, but BEFORE the plane (won't count as another carry-on).
 Extra food on the airplane is limited and expensive; most flights include meals.
- Use airport restroom (nicer than the plane).
- Don't like your seats? Doesn't hurt to ask for a new one at the counter. Be nice and smile... they get yelled at a lot. 😥
- Board early. Overhead space fills up fast, if you plan to use this space board as early as possible.
- Remember to <u>disable roaming</u> (better yet, all cellular) on your phone, unless it's ok on your plan.
- Turn ON "airplane mode" while flying, otherwise your battery may drain fast.
- <u>Noise canceling headphones</u>. If you have them, they are amazing and make the trip much better.
- Turn off overhead air when you first sit down (exhaust blows in when the plane backs from gate).
- Many planes have USB and/or power outlets <u>charge your devices</u> whenever you can.
- <u>Sleep</u> as much as you can. Stand up and walk around when you're awake on long flights.
- *Drink water* (), the altitude and the filtered air will dehydrate you. Helps jet leg.
- Know what's next. Especially if your plane is late, know what to do before you land.

Passport Control & Customs

When arriving in a country, typically your passport is verified and you must go through customs.

- *Families should go through customs together.* 1 person present all documents (passports ready).
- Don't joke about having something you shouldn't, etc. They don't have a sense of humor.
- Fill out paperwork (if any) before you get off plane, or as soon as you get it.

<u>Arriving</u>

- *Don't forget your bags*! International stops require you claim bags *before* customs.
- CONNECT TO AIRPORT WIFI (cellular should probably be off) Messages are probably waiting for you... tell others about group messages because they probably forgot to connect.
- On connecting flights, <u>Visit your gate</u> before you assume you have extra time. Timezones are confusing!

Maps

- Medjugorje is across the Adriatic Sea from Italy.
- Pansion Dragicevic is near the base of Apparition Hill. (Red house on map)
- St. James is about a 15 min walk, or a few minutes by car. (Top star on map)



Money

When should I exchange money?

There is no need to exchange money before you leave home. Doing so will likely result in a high exchange rate (expensive). Exchanging money at the airport is also expensive.

So what to do? Use USD, or get local currency during your trip from ATM's. Alternatively, you can go to a bank and exchange money — although if you have a bank card, an ATM is much more convenient. (See "How do I use foreign ATMs" below)

Can I use a Credit Card?

Sometimes. Some of the merchants in Medjugorje only accept cash. Some places will accept credit cards (rental cars, hotels, airports, some shops & restaurants, etc.)

<u>Be sure to let your credit card company / bank know that you are on a trip</u>, or they may decline your purchases. Also know which of your cards charge foreign transaction fees (very expensive in some cases). 3 cards that have no fees are: Citi Costco Visa, Amazon Rewards Visa, Apple Card. They also have varying travel benefits (like insurance). Check your cards to avoid unpleasant surprises. Some debit cards may also charge international fees, be sure to check with your bank.

How do I use foreign ATMs?

There will be ATMs throughout our trip (airports and even next to the St. James in Medjugorje). You can use them as normal, <u>except</u> you should **NOT** choose their "guaranteed" rate — this adds a large additional fee. Instead, choose to accept the exchange rate your bank will charge you. Sometimes this is phrased: "Would you like to withdraw in USD or Marks?" — **choose the local currency, NOT USD**. ATMs will usually charge an access fee \$2 - \$5, it's best to withdraw larger amounts in fewer transactions (your bank may have fees or benefits, check with your bank).

What will I need cash for?

- Gifts and Souvenirs
- Extra food or snacks (the house serves 2 meals per day, breakfast and an early dinner)
- Donations at Mass
- Taxis
- Optional Tips
- Any fees for additional activities

It's good to have some emergency money too, perhaps \$200 per person.

What else do I need to pay?

Login at <u>VisitQueenOfPeace.com</u>, click the circle in the top-right, then click "Balance".

Money

Bosnia-Herzegovina Convertible Mark (BAM or KM) 1 BAM = \$0.56 1 USD = 1.78 BAM



- <u>Euro (EUR) €</u>
- 1 EUR = \$1.10
- 1 USD = 0.91 €



Power

<u>Croatia and Bosnia & Herzogovina</u> (Optional, some adapters available at the house)

Type F (grounded) or Type C (ungrounded) 230V, 50Hz

www.amazon.com/dp/B079RW9WWC OR: www.amazon.com/dp/B0CZLGPPGL



Phones

Roaming charges can be expensive if you don't plan ahead. You should check with your phone provider before you leave to be sure you understand the fees. Some providers do include free calls / data, some have travel plans for \$10 / day.

To avoid roaming chargers altogether, you can use WiFi, which is widely available (recommended). Just turn off cellular service (turn on airplane mode), and enable WiFi. Everything on your phone should still work except SMS (text messages) and phone calls. Messaging apps work fine, <u>including voice and video calling apps</u> (like WhatsApp). See "Pre-trip Checklist" for suggested apps. **Most people will not need cell service**.

FM Radios

During the evening prayer program, the International Mass will be translated in English on FM Channel 94.3. This will make following the Mass and understanding the homilies much easier! A simple wired, digital, FM radio is recommended (unless you have bluetooth headphones/ earphones). Be sure to test our your radio before you leave for comfort and setup. Example radios:

https://www.amazon.com/dp/B019BYBR48



A Few Things to see & do

Apparition Hill

- The **Blue Cross** is at the base (there is actually an old and a "new" blue cross). This is where Mirjana used to receive her monthly apparitions.
- The Joyful, Sorrowful, and Glorious mysteries have stations in a loop up on Apparition Hill.
- Near the top, there's a statue of Our Lady marking the place where she first appeared in 1981.



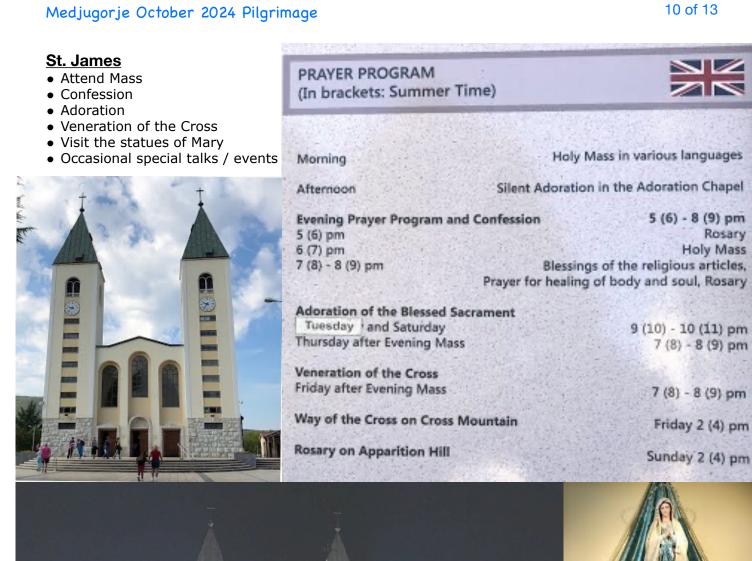


Cross Mountain

- More challenging hike.
- There are stops along the hike to stop and pray each of the **stations of the cross**.
- There's a **Cross** at the top, built to commemorate the 1900th anniversary of Jesus's passion.



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St. James Daily Schedule

MONDAY

7:30am - Holy Mass in Croatian 10am - **English Holy Mass** Afternoon - Adoration in the Adoration Chapel

Evening Prayer Program 5pm - Confession 5pm - Joyful and Sorrowful Mysteries 6pm - **Holy Mass** 7pm - Blessings of objects, Prayer for health of soul and body, Glorious Mysteries

TUESDAY

7:30am - Holy Mass in Croatian 10am - **English Holy Mass** Afternoon - Adoration in the Adoration Chapel

Evening Prayer Program 5pm - Confession 5pm - Joyful and Sorrowful Mysteries 6pm - Holy Mass & Blessings of objects, Prayer for health of soul and body, Glorious Mysteries 7pm - Adoration of the Most Blessed Sacrament

WEDNESDAY

7:30am - Holy Mass in Croatian 10am - **English Holy Mass** Afternoon - Adoration in the Adoration Chapel

Evening Prayer Program 5pm - Confession 5pm - Joyful and Sorrowful Mysteries 6pm - **Holy Mass** 7pm – Blessings of objects, Prayer for health of soul and body, Glorious Mysteries

THURSDAY

7:30am - Holy Mass in Croatian 10am - **English Holy Mass** Afternoon - Adoration in the Adoration Chapel

Evening Prayer Program 5pm - Confession 5pm - Joyful and Luminous mysteries. 6pm - Holy Mass, then Blessings of objects 7pm - Adoration of the Most Blessed Sacrament

FRIDAY

7:30am - Holy Mass in Croatian 10am - **English Holy Mass** Afternoon - Adoration in the Adoration Chapel 2pm - <u>Way of the Cross ON Mount Križevac</u>

Evening Prayer Program

5pm - Confession

5pm – Joyful and Sorrowful Mysteries 6pm - **Holy Mass**, then Blessings of objects 7pm - Veneration of the Holy Cross

SATURDAY

7:30am - Holy Mass in Croatian 10am - **English Holy Mass** Afternoon - Adoration in the Adoration Chapel

Evening Prayer Program 5pm - Confession 5pm - Joyful and Sorrowful Mysteries 6pm - Holy Mass & Blessings of objects, Prayer for health of soul and body, Glorious Mysteries 7pm - Adoration of the Most Blessed Sacrament

SUNDAYS AND FEAST DAYS

8, 11am, 6pm - Holy Mass in Croatian 12pm - **English Holy Mass** Afternoon - Adoration in the Adoration Chapel 2pm - <u>Rosary on Apparition Hill</u>

Evening Prayer Program 5pm - Confession 5pm - Joyful and Sorrowful Mysteries 6pm - **Holy Mass** 7pm – Blessings of objects, Prayer for health of soul and body, Glorious Mysteries

Statue of the Risen Christ

- This statue sometimes produces drops from one or both knees.
- There's a path leading to the statue which has stations to pray the **Luminous Mysteries**.
- Encircling the Statue of the Risen Christ are the Stations of the Cross.

Cenacolo Community

- Community to help young people overcome addictions through faith, prayer, work, and the virtue of charity.
- medjugorjeca.org/pilgrimage-itinerary/cenacolo-community/

<u>Shops</u>

There are many shops to buy souvenirs throughout Medjugorje.



<u>Food</u>

Most of our meals will be served at the Pansion (breakfast & dinner). However, you may want to explore the various restaurants for lunch or a late-night snack / drink. The meals are inexpensive. Below are a couple restaurants (Viktor's and Sweets Crepe Cafe) that Kevin and I visited in 2018.

						~		
				DISHES TO ORDER	E PIZZA			
		WARM DISHES	€ .	DISHES TO ORDER				El El
SALADS	€	OUT CTTE			MARGARITA	. 50		
		OMELETTE (ham, cheese, mushrooms or vegetables, as		VIKTOR'S PLATTER	tomato, cheese	4,50		
	2.00	(ham, cheese, mash come of the desired)	5,00	MASLENICA - two persons	QUATRO FORM	AGI		
SMALLmix	3,00	BACON&EGGS + french fries	5,00	grilled steak in sour cream	tomato, 4 types of chee	5,50		
LARGE mix	6,50	HAMAFGGS + french fries	5,00	grilled steak in sour of call				
CHICKEN SALAD	6,50	COACHETTT AL'OL TO(olive oil)	3,50	pizza dough dressed in m	VEBEIALL	5,50		
TUNA SALAD		CRACHETTT BOLOGNAISE(meat sauce)	5,00	LIVNO STEAK - Two per	tomato, cheese, vegetat	DHEA	1. 1. 1. 1.	The second se
GREEK SALAD	5,50	CRACHETTT NAPOLITANA(tomato)	4,00	rolled, grilled and roasted an	VESUVIO	5,50		The second s
		SPAGHETTI CARBONARA(bacon,ham,		vegetables and lasagive	16,00 tomato, cheese, ham	0,00		and the second s
GRILLED DISHES		cream,egg)	5,00	T-BONE STEAK	15,00 CAPRICIOSA	= =0	A Mar	and the second s
BRILLED STOR		SPAGHETTI WITH SEA FOOD	8,00	MEXICAN STEAK in spicy sauce	14,00 tomato, cheese, ham.	mushrooms 5,50	#-/_ X X	15
		MACHERONI WITH CHEESE	5,00		11.00 BIANCA		1 Aler	
MIXED GRILL	10,00	DICOTTO W SEA FOOD	8,00	STUFFED STEAK	9,00 butter, cheese, ham, t	mushrooms 5,50		
PORK CHOPS	8,00	IRISH BREAKFAST+COFFEE OR TEA		SMOKED PORK STEAK			H	
BROCHETTES	8,00	(egg, fries, sausages, beans, pudding, toma	to,	BREADCRUMBED CHICKEN	the shands onion	minced	ML / //	
LAMB CHOPS	10,00	(egg, tries, suusages, ocard, peress) bacon, mushrooms, toast)	6,50	EDEN'S SPECIAL-cheese and cre	meat sauce, salami	6,50		Mar I Market
DOMESTIC SAUSAGES	7.00	VEGETABLE PLATTER			AL TONNO			
DOMESTIC SAUSABLS	,,	(breadcrumbed cheese, boiled and grilled		in pizza dough dressed in		5,50		
SEASONED DOMESTIC	7.00		5,50	mushrooms and cream	tomato, cheese, tun	a		
HAMBURGER	7,00	vegetable)	1000		FRUTTI DI N	6.50	and the second s	
MINCED MEAT		the second s			tomato, cheese, sea	food 0,50		
FINGERS/ČEVAPČIĆI	7,00	SANDWICHES		FTCU	FUNGHI		and the second	
CHICKEN BREAST	8,00			FISH	tomato, cheese, mu	ishrooms 5,50		
	13,00	STEAK SANDWICH	5,50		HAWAI			
BEEFSTEAK	13,50	HAM AND CHEESE, letuce,		CALAMARY	9.00 HAWAI	5,50		
PEPPERSTEAK		mayonaise, tomato SANDWICH	2,50		7,50 paper LON	neapple, num		
HAMBURGER	3,50	CHICKEN SANDWICH	3,50	FRIED COD FILET	7,50 PAPILLON	in an employed hom		
			3,50	SALMON		am, mushrooms, smoked ham, 6,50		AND A VERY
SIDE DISHES		TUNA SANDWICH	2.00	SEA BAS	9,00 olives	0,50	200000000000000000000000000000000000000	
5102 015/125		SALAD SANDWICH	-,	JUN DHO			and the second second	
	2.00				LASAGN	F	153	
FRENCH FRIES	2,00	DAILY SOUP	2,50			(50		
PASTA	2,00				(opt. Meat souce	e or vegetable) 0,00		The second se
BOILED OR GRILLED		DAILY LOCAL MEAL	6,00	17% TAX INCLUDED, SIDE DISH IN	NUMER			
				era restore, users. Franze, Machan, trait A SUP OF 2 JOINE Jank Markan and an annah, Jank, mark mak on angen ander, Jank, lank mak on angen ander, Jank onder mak on angen ander Jank Markan ander Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jank Jan	<text><text><text><text><text><text><text></text></text></text></text></text></text></text>	Bendamenta e a la construcción de la construcc	4 craca borrs free states free states 2.0 e un 2.0 e un 2	<text><text><text><text><text><text><text><text><text></text></text></text></text></text></text></text></text></text>
			A denis CO ini en op en e Verence dat 5.50 L manuel ek Parmene ost		Into Marcal, mandarile, bisconti vitasi, cacco Wellie Kreme, Mandelin, Kaiss, Golos 5.50 K.M. 2.80 EUR	ADD AN ICE CREAT	P PO VISEM IEBORU N OF YOUR CONCE TICA VOSTRA SECTIO	Premium Premium Badgato - ant iso Notes basers, stoled example, consult, stored Notes basers, stored example, stored Notes basers,